



You are cordially invited to  
**USANA Health and Freedom Presentation**  
with

**Rosie Bank, Author, Certified Nutrition and Wellness Consultant**  
**Mark Waldman, Founder Three Freedoms**  
**Leo Hirsch, NLP Coach**



**Date:** Saturday, January 7, 2010

**Time:** 10:30 AM – 1:00 PM

**Agenda:**

10:30 – 12:00 USANA Health Sciences, presentation for our guests – products for better health and home-based business opportunity

12:00 – 1:00 Associate training (guests are welcome to stay)

**Location:** Home of Rosie Bank and Mark Waldman, Foster City, CA

Please RSVP... Space is limited

For details and location please contact:

[rosie@rosiebank.com](mailto:rosie@rosiebank.com) 650-573-7177

Websites:

[www.usana.com](http://www.usana.com)

[www.rosiebank.com](http://www.rosiebank.com)

[www.manifestingvision.usana.com](http://www.manifestingvision.usana.com)

**It's a New Year! There has never been a better time to be pro-active regarding our health and our finances. Whether you are interested in adding additional income, losing weight, getting healthier, or simply leading a more balanced life, this in-home presentation will cover it all.**

**Healthy refreshments will be served.**

Special Section on **Reset**  
for the New Year. Feel  
great, lose weight in 2012



Mark, Rosie, and Leo turn people on to better health and show others a way to start a home business. Leo is a life coach who inspires and motivates people. Rosie is an author and health coach who helps her clients feel better and lose weight. Mark is an engineer who works with NASA. They are all independent associates with USANA.

USANA Health Sciences manufactures products that help people improve their health. The products are rated #1 in North America in the [Comparative Guide to Nutritional Supplements](#).