

RESET WEIGHT LOSS *SCRAMBLE*



Prizes awarded to each member of:
The Team of 4 with the
Largest Accumulated Weight Loss



Competition Requirements/Rules Sheet

Everyone is welcome to participate. However, in order to be eligible for prizes each team must follow these requirements:

- Cost: \$40 per team. (\$10 per person)
- Be present for starting date: October 26, 6:30 – 8:30, light dinner served.
- Be present for ending date: November 9, 6:30 – 8:30, light dinner served
- Location: home of Mark Waldman and Rosie Bank, Foster City, CA
- Weigh-in rules: The entire team must be present to weigh in for both start and end events. Winning prize to be determined by entire team's **accumulated weight** loss at completion of Scramble Contest.
- Each team must have one USANA Associate and three non-USANA Associates. (PC's are welcome)
- To qualify for prizes: Each team must turn in both their completed teammate scorecards at the second meeting.

Two Week Challenge

Winning Team Prizes: (Awarded to each member of winning team)

- **One iPod Shuffle**

Second Prize:

- **One copy Low Glycemic Eating cookbook**



*It is suggested that you take these products to your physician and secure his/ her advice if you intend to change your diet, begin an exercise program, are pregnant, lactating, have allergies, are taking medications, or are under the care of a physician. These statements have not been evaluated by the Food and Drug Administration. The components of the RESET program are foods and are not intended to diagnose, treat, cure, or prevent any disease. As with any health or fitness program, a sensible eating plan and regular exercise are required in order to achieve long-term results. Results will vary. Children under the age of 18 should not participate in the RESET program, except on the advice of their physician and/or dietician.

For more information about Reset [click here](#).

To watch the Reset video, [click here](#).

For more information:

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