

USANA Health Sciences Presents

# Health and Freedom

A presentation about work-life balance



## TOPICS

Optimize your health

Create time and financial relief



## LEARN FROM THE EXPERTS

- ⇒ Products to help you look better, feel better, have more energy and lose weight
- ⇒ How to build a thriving business in today's economy
- ⇒ Save money by investing in your health
- ⇒ "Multiple streams of income" and "residual income"
- ⇒ Steps to success: become your own boss, work from home



Thursday, February 16, 2012

(These sessions will be held the first and third Thursday of every month.)

The home of Rosie Bank and Mark Waldman\*

Product and business briefing 7 – 8:30 PM

There will be a discussion session for anyone interested in more information following the event

Refreshments will be served

\*Please call or email for exact location.

## The Presenters

Rosie Bank

Ruby Director, Author, Speaker  
USANA Team Leader  
Certified Nutrition and Wellness  
Consultant, Sanoviv Certified  
Nutrition Advisor



Mark Waldman

NASA Optical Engineer  
Founder Three Freedoms Group  
USANA Team Leader



For more information

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Nutritionals You Can Trust

