



SOLUTIONS FOR OPTIMAL HEALTH FOR LIFE

HELLO. MY NAME IS ROSIE BANK.

I WOULD LIKE TO ASK YOU A COUPLE OF QUESTIONS.

HOW IS YOUR HEALTH?

DO YOU WANT MORE ENERGY?

DO YOU WANT TO FEEL MORE IN CONTROL, TO KNOW WHAT TO EAT TO ACHIEVE OR MAINTAIN YOUR OPTIMAL WEIGHT?

DO YOU WANT TO BE HEALTHIER AND AVOID GETTING SICK?

IF SO, MAYBE I CAN HELP.

I AM A HEALTH CONCIERGE. I HAVE BEEN PUT ON THIS EARTH TO HELP PEOPLE LIKE YOU LIVE HAPPILY, HEALTHFULLY, AND MORE SUCCESSFULLY IN THEIR BODIES. I HAVE BEEN WORKING IN THIS CAPACITY SINCE 1975. WOULD YOU LIKE TO WORK WITH SOMEONE WHO IS PASSIONATE ABOUT HELPING YOU ACHIEVE YOUR IDEAL HEALTH?

FOR MORE INFORMATION, YOU CAN VISIT ME AT WWW.ROSIEBANK.COM WHERE YOU CAN ALSO DOWNLOAD A FREE SPECIAL REPORT ENTITLED [IT PAYS TO BE HEALTHY](#). YOU CAN PHONE ME AT 650-573-7177 OR EMAIL ME AT ROSIE@MANIFESTINGVISION.COM TO MAKE AN APPOINTMENT TO DISCUSS ANY HEALTH GOALS OR HEALTH CONCERNS YOU HAVE. BY THE WAY, TELL A FRIEND IF YOU KNOW SOMEONE WHO COULD BENEFIT FROM MY EXPERTISE AS A GUIDE TOWARD BETTER HEALTH.

LET ME SHARE SOME OF THE BENEFITS TO YOU OF BEING ON THE RECEIVING END OF MY SERVICES. DO ANY OF THESE SOUND LIKE SOMETHING YOU WOULD WANT TO EXPERIENCE?

- Have peace of mind regarding your health?
- Have a shot at resisting disease?
- Have more energy and feel less tired?
- Would you like to know more about good nutrition?
- How about avoiding enormous costs down the road? By the way, prevention is key and many diseases that you may be able to avoid are incredibly expensive and emotionally traumatic.
- Would you like a system for meal planning that is easy and promotes weight loss?
- How about quick, delicious, and healthy snacks at your disposal?
- Would you like to set goals and be held accountable?
- How about feeling stronger, have better workouts, and quicker recoveries?
- I can teach you how to fall in love with foods that are good for you.
- How about eating in restaurants without compromising your health or your weight?
- Do you want to feel better and look better?
- Would you like to sleep better and feel more rested?
- Would you like to incorporate movement, exercise and strength training on a regular basis?
- And last, I may be able to help you get relief from chronic health conditions.

There you have it! If you are looking for peace of mind and a shot at feeling better, give me a call. I would love to provide you with **solutions for optimal health for life.**

